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a securing nut threadably engaging an outer threaded surface of said threaded shaft, said securing nut being rotatable with respect to said threaded shaft such that a surface of the securing nut engages the second surface of said guide block upon rotation into engagement therewith thereby rendering the threaded shaft nonrotatable in relation to the guide block.

10. A guide for stabilizing a saw blade, said guide comprising:

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a base plate having a top surface and a polygonal shaped bottom surface;
a single threaded shaft extending outwardly from a centerpoint of said top surface of said base plate, said threaded shaft having a first end rotatably engaging said base plate;
an insert disposed on said bottom surface of said base plate; and
means for selectively non-rotatably engaging the base plate and threaded shaft.

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14. A unitary solid, bi-metallic block insert for a saw blade guide for stabilizing a saw blade comprising:

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a first metallic material proximal to a first blade engaging surface thereof;
a second metallic material proximal to a second guide engaging surface, wherein said first metallic material is harder than said second metallic material; and
a mixture of said first metallic material and said second metallic material at a center region of said insert.

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15. The insert of claim 14, wherein the first metallic material proximal to the first blade engaging surface thereof is austenitic chromium-carbide.

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16. The insert of claim 15, wherein the second metallic material proximal to the second guide engaging surface thereof is carbon steel.

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20. The insert of claim 17, wherein said connecting means includes one or more threaded